



# Eating Disorder Support Group

Wednesday Evenings 5:30-7:00pm

Facilitated by:

Jane Welzel

Jen Amaral-Kunze

Call for information:

221-1099 or 402-8543

Do you or someone you know struggle with body image , disordered eating behaviors such as restricting, bingeing, purging, compulsive overeating, excessive dieting, compulsive exercising or obsessive thoughts about food and body weight?

This is a support group to assist people in their recovery from disordered eating behaviors and body image issues. Regardless of where you are in the recovery process, support is essential to recovery.

The group gives people an opportunity to begin the process of recovery, recommit to their recovery, or continue the process of their recovery.

Cost: \$25/session

Location: 420 S. Howes Street ,Building A #201, Fort Collins, CO 80521

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