

Jane Welzel's 2007 Workshop Series

February 24th: Introduction to the Enneagram

The Enneagram is a personality system that describes nine distinctly different patterns of thinking, feeling, and acting.

Each of the nine Enneagram types is predicated on a fundamental belief that influences ones thoughts, feelings, and behaviors.

Knowing your Enneagram type gives you an awareness of the core beliefs, focuses of attention, coping strategies, and biases you have unconsciously been assuming are required for survival and satisfaction in life.

When ones satisfaction an/or survival becomes threatened, people tend to react and respond in an unconscious, habitually learned way. Once you understand the perspective of your type, you can consciously observe your thoughts, feelings, and sensations.

Workshop Description

- Introduction to the Enneagram System
- Video Clips
- Panel Interviews in the Narrative Tradition
- Experiential Exercises
- Questions and Answers

Registration

(registration available day of event at 8:45am, send email by Friday the 23rd to confirm your intent to attend the workshop)

Name _____ Name _____

Address _____

_____ Phone _____

Fee: Single _____ \$50 Couple _____ \$75 Student _____ \$30

Send registration form with check made out to:

Jane Welzel, 205 S. Meldrum St. Ste #201, Fort Collins CO 80521

Phone: 970-221-1099

Email: jwelzel@verinet.com

Workshop Date/Time: February 24th, Saturday 9am-4pm

Workshop Location: Hilton Fort Collins 425 W. Prospect Rd, Ft. Collins, CO