



2008 Mountain Avenue Mile

August 14th 6:30PM

Down Town Fort Collins

Race Schedule

6:30 Wave #1 FunRun; Non competitive Mile (all ages)

Sponsored by **Rio Grande Restaurant**

6:45 Wave #2 Boys & Girls (Competitive 19 and under)

Sponsored by **Runners Roost**

6:55 Wave #3 Beauty & Beast (Females 40+/Males 50+)

Sponsored by **Foot of the Rockies**

7:05 Wave #4 Male Masters (Men 40-49)

Sponsored by **the Club @ Old Town**

7:15 Wave #5 Open Females (Females 20-39)

Sponsored by **Amara Massage**

7:25 Wave #6 Open Males (Males 20-39)

Sponsored by **Anaerobic Management**

Post Race Party Awards Ceremony

Rio Grande Ballroom

Mountain Avenue Mile proceeds donated to:

☺ **"Beyond the Mirror Studio"** outreach programs which help to counsel and educate individuals who are experiencing struggles with food, body image and disordered eating. Free outreach programs are available for all public schools.